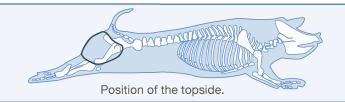
## Gracilis and associated muscles



Code: **1049** 



1 Topside of pork.



2 Remove the gracilis and associated muscles ...



**3** ... from the topside by following the natural seams as illustrated.



4 Gracilis and associated muscles.